

Adult Drop-in

\$10

Explore and create using our materials
or bring your own project work.

Relax with our mugs of coffee/tea on our comfy sofas!

Tea Social

Drop-in \$10

A gentle space for social connection
away from a world of turmoil.

Teen Drop-in (ages 13 and up)

FREE

Gently guided with support for exploring skills,
creative ideas and independent project work.

Use our materials or bring your own.

Community Drum Jam Drop-in

Last Wednesday of every month. By donation.

All welcome! Lead by Daley and Friends!

FREE-JAM 2000 with Daley & Friends

Inclusive spontaneous-improv-weirdo-jam!

Bring any instruments or share ours/sing/dance/listen!

\$5 includes FREE JAM & snacks!

Home School Group (Full)

Small local group facilitated by parents.

Learning Pod (Full)

Bringing children together to share an educational experience in
nature, arts and science. Small Pod facilitated by local parent.

Visit our website: www.sparrowsnestmakers.ca

Sparrows Youth Group

Registration open

sparrowsnestelora@gmail.com

Gently guided and supported creative group for youth.
Winter Session January 14th - March 4th (8 weeks) \$120
Tues ages 7 + / Weds ages 8 + /Thurs ages 10+ / Tweens 12+



On the Mend!

2nd Weds of every month \$10 Drop-in

Repair, restore and revive your belongings!

Oodles of supplies, tools and shared sewing machines.

Facilitator supported. Plenty of tea!

Caring Arts

Drop-in \$15

Join local artists Donna Hull and Susan Lehnen
for expressive arts and gentle guidance in a caring group
that offers space for listening and supporting.

Hospice Healing Arts

Register : info@hospicewellington.org

Starts again in March Weds 1 - 3pm

Catherine Manning, Music Therapist and Erica Palmer, Art Therapist
from Hospice Wellington hold space with music and
art making to support your well being in a caring group.

