

Tea Social Fridays

Drop-in for Adults \$10

A welcome space for social connection away from a busy world. Explore and Make with our materials or bring your own project work.

Optional gently guided crafting, tea & coffee included

Mixed Media Drop-in

Friday afternoon Drop-in for Adults \$10

Gently guided by Maker Michelle Wright.

Low pressured small ARTS projects using repurposed materials. Come to explore, nurture and create!

Caring Arts

Drop-in for Adults \$15

Join local artist Donna Hull and Guests for expressive arts and gentle guidance in a caring group that offers space for listening and supporting.

Community Drum Circle Drop-in

Last Weds of every month. By donation.

All welcome! Lead by Daley and Friends!

Bring percussion instruments or share ours.

Writer's Cafe

Monthly Drop-in Sunday. By donation.

Join Matt Adams, Creative Writing Facilitator, in a relaxed setting with your independent project work. Includes writing prompts and tea/coffee. All welcome!

Visit our website:
www.sparrownestmakers.ca



★ The Nest ~ Sparrows Youth Group



Registration now OPEN for March to June!

See ECFTA website: www.ecfta.ca

Gently guided and supported creative group for youth.

Tues ages 7+ / Weds ages 8+ / Thurs ages 10+

Teen Drop-in (ages 13 and up)

FREE & Snacks!

A space to hangout away from the world!

Gently supported for optional arts skills sharing, creative ideas and independent project work.

Share our materials or bring your own.

Games Night

2nd, 3rd & 4th Friday of every month. By donation.

Drop-in for Adults with Nathalie & Dean

Bring a favourite game or share ours.

Make new friends. Learn new games. Just for fun!

Maker's Haven

Thursday Drop-in for Adults. By donation.

Supported by Makers Dylan, Paloma & Michelle.

A Community of Makers group. Share materials & skills.

Bring along your home projects or invent yours here.

Make, Mend & Fix! A place to connect & share.

New Harmonic Jam

Monthly Community Learning Jam. Drop-in. By donation.

Gently guided by musicians Lorenzo Ruffini and Gord Harris.

Relaxed and educational FUN JAM for ALL!

Bring melodic instruments or share ours.

New Sitting Together

Monthly circle of guided reflection. Drop-in. By donation.

Gently supported by experienced small group facilitator Matt Adams.

All Welcome. Inclusive space for silent meditation, inclusive prayer and respectful spiritual shared reflection.